

As a dietary supplement, take ½ tsp once daily in juice or water, or as directed by your practitioner. Lesser amounts may be desired to start, then moderately increasing as higher amounts may have a laxative effect. Shake well before use.

Do not use if neck wrap is broken or missing. If pregnant or breast-feeding, ask a healthcare professional before use. Keep out of reach of children. Store at room temperature out of direct sunlight.



SpectraMin[®]

Dietary Supplement

Natural Ionic Trace Minerals

4 fl oz (118.2 mL)

Supplement Facts

Serving Size: 1/2 teaspoon (2.5 mL)

Servings Per Container: About 47

	Amount Per Serving	%DV
Magnesium	250 mg	60%
Chloride	650 mg	28%
Sodium	5 mg	<1%
Potassium	3 mg	<1%
Sulfate	40 mg	*
Lithium	1.5 mg	*
Boron	1 mg	*

* Daily Value (DV) not established.

Ingredients: Concentrated seawater

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