

As a dietary supplement, take 1 capsule daily or as directed by a healthcare professional.

Do not use if neck wrap is broken or missing. If pregnant or breast-feeding, ask a healthcare professional before use. Keep out of reach of children. Store at room temperature out of direct sunlight.



Phyto B Complex

Dietary Supplement

Rhodiola Rosea Extract and
Bioavailable Multi-B Vitamins

60 Capsules

Supplement Facts

Serving Size: 1 capsule
Servings Per Container: 60

	Amount Per Serving	%DV
Thiamin (Vitamin B1, as Thiamine Mononitrate)	72 mg	6000%
Riboflavin (Vitamin B2, as Riboflavin-5'-Phosphate)	13 mg	1000%
Niacin (Vitamin B3, as Niacinamide)	32 mg NE	200%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	42.5 mg	2500%
Folate (Vitamin B9, as L 5 Methyltetrahydrofolic Acid Glucosamine)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	120 mcg	5000%
Coenzyme B12 (as 5'- Deoxyadenosylcobalamin)	120 mcg	5000%
Biotin	30 mcg	100%
Pantothenic Acid (Vitamin B5, as Calcium-D-Pantothenate)	50 mg	1000%
Rhodiola Rosea Root Powder Extract	75 mg	*

* Daily Value (DV) not established.

Other Ingredients: Capsule (Hydroxypropyl Methylcellulose, Purified water), Dibasic Calcium Phosphate.

Distributed by Energetix Corp., Dahlonega, GA 30533 800.990.7085

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Questions? Comments?
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