

SUGGESTED USE:

Take three tablets per day or as directed by a physician.

IMPORTANT: STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED. KEEP OUT OF THE REACH OF CHILDREN.

CAUTION: FORMULATED FOR ADULTS AND CHILDREN FOUR YEARS AND OLDER. FOR CHILDREN UNDER FOUR CONSULT A PHYSICIAN.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat and Soy

Other Ingredients: Microcrystalline Cellulose, Sodium Starch Glycolate, Stearic Acid (plant based), Magnesium Stearate (plant based), Sodium Ascorbate



Kirkman, Ultra Tested, and Nu-Thera are Registered in U.S. Patent and Trademark Office.

Manufactured Exclusively by:

KIRKMAN



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GLUTEN-FREE

KIRKMAN

SUPER NU-THERA

with P5P and EXTRA CALCIUM

MULTIVITAMIN & MINERAL FORMULA

DIETARY
SUPPLEMENT

540
TABLETS

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 180

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin A (as Retinol) 2500 IU	750 mcg RAE	83%
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin D3 (as Cholecalciferol) 100 IU	2.5 mcg	13%
Vitamin E (as Alpha-Tocopherol) 15 IU	10 mg	67%
Vitamin B1 (as Thiamine Mononitrate)	7.5 mg	625%
Vitamin B2 (as Riboflavin)	7.5 mg	577%
Vitamin B3 (as Niacinamide)	15 mg NE	94%
Vitamin B6 (as Pyridoxine HCl, Pyridoxal-5-Phosphate)	75 mg	4412%
Folate (as Calcium Folate) (Folic Acid 200 mcg)	333 mcg DFE	83%
Vitamin B12 (as Cyanocobalamin)	5 mcg	208%
Biotin	50 mcg	167%
Vitamin B5 (as D-Calcium Pantothenate)	25 mg	500%
Calcium (from Calcium Carbonate Complex, Citrate)	250 mg	19%
Iodine (from Potassium Iodide)	50 mcg	33%
Magnesium (from Bisglycinate, Citrate, Oxide)	125 mg	30%
Zinc (from Zinc Citrate)	5 mg	45%
Selenium (from Amino Acid Chelate)	25 mcg	45%
Manganese (from Manganese Sulfate)	0.75 mg	33%
Choline (as Choline Dihydrogen Citrate)	50 mg	9%
Para-Aminobenzoic Acid (PABA)	15 mg	*
Inositol	50 mg	*

*Daily Value not established