

SUGGESTED USE:

Take two capsules daily or as directed by a physician.

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.

KEEP OUT OF THE REACH OF CHILDREN.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat or Soy



Manufactured Exclusively by:

KIRKMAN



Lake Oswego, OR 97035

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HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN

**SUPER
NU-THERA**

WITHOUT A & D

**DIETARY
SUPPLEMENT**

**360
CAPSULES**

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 180

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	250 mg	278 %
Vitamin E (d-Alpha Tocopherol)(Sunflower) 15 IU	10 mg	67 %
Vitamin B1 (as Thiamine Mononitrate)	7.5 mg	625 %
Vitamin B2 (as Riboflavin-5-Phosphate)	7.5 mg	577 %
Vitamin B3 (as Niacinamide)	10 mg	63 %
Vitamin B6 (as Pyridoxine HCL, Pyridoxal-5-phosphate)	40 mg	2353 %
Folate (as Calcium Folate) 200 mcg	333 mcg DFE	83 %
Vitamin B12 (as Cyanocobalamin)	5 mcg	208 %
Biotin	100 mcg	333 %
Vitamin B5 (as Calcium Pantothenate)	5 mg	100 %
Calcium (from Calcium Carbonate, Citrate, Bisglycinate Chelate)	175 mg	13 %
Iodine (from Potassium Iodide)	50 mcg	33 %
Magnesium (from Magnesium Oxide, Bisglycinate Chelate, Citrate)	120 mg	29 %
Zinc (from Zinc Citrate)	5 mg	45 %
Selenium (from Selenium Glycinate Complex)	25 mcg	45 %
Manganese (from Manganese Citrate)	0.75 mg	33 %

**Daily Value not established

Other Ingredients: Vegetarian Capsule (Hypromellose and Water), Magnesium Stearate (plant based), Microcrystalline Cellulose