

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.
KEEP OUT OF THE REACH OF CHILDREN.

CAUTION: MAGNESIUM SUPPLEMENTS CAN CAUSE
CHANGES IN STOOL CONSISTENCY AND BOWEL HABITS.
IF THIS OCCURS, DISCONTINUE USE AND DISCUSS THIS
MATTER WITH YOUR PHYSICIAN. FORMULATED FOR
ADULTS AND CHILDREN FOUR YEARS AND OLDER. FOR
CHILDREN UNDER FOUR CONSULT A PHYSICIAN.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts,
Wheat and Soy



Kirkman and Ultra Tested are Registered in U.S. Patent and Trademark Office.

Manufactured Exclusively by:

KIRKMAN[®]

Lake Oswego, OR 97035

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KIRKMANGROUP.COM

HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN[®]

MELATONIN PLUS MAGNESIUM

DIETARY
SUPPLEMENT

250
CAPSULES

SUGGESTED USE:

Take one capsule daily or as directed by a physician.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 250

Each Serving Contains	Amount per Serving	% Daily Value
Magnesium (from Magnesium Oxide)	100 mg	24%
Melatonin	1 mg	*

*Daily Value not established

Other Ingredients: Microcrystalline Cellulose,
Vegetarian Capsule (hypromellose and water),
Magnesium Stearate (plant based)



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