

## IMPORTANT:

Store in a cool dry place and tightly capped. Do not use if pregnant or nursing. Keep out of the reach of children.

**CAUTION:** Formulated for adults and children four years and older. For children under four, consult a physician.

**FREE OF:** Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured Exclusively by:

**KIRKMAN®**

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HYPOALLERGENIC | GLUTEN-FREE

**KIRKMAN®**



# Herbal Sleep Aid<sup>†</sup>

**Melatonin-Free**

HERBAL  
SUPPLEMENT

60  
CAPSULES

## SUGGESTED USE:

Take two capsules 30-60 minutes before bedtime for relaxation, sleep, and to alleviate restlessness, or as recommended by a physician.<sup>†</sup>

## Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 30

| Each Serving<br>Contains                                         | Amount per<br>Serving | % Daily<br>Value |
|------------------------------------------------------------------|-----------------------|------------------|
| Lemon Balm ( <i>Melissa officinalis</i> )(leaf and stem) Extract | 300mg                 | *                |
| Chamomile ( <i>Matricaria chamomilla</i> )(flower) Extract       | 200mg                 | *                |
| Passion Flower ( <i>Passiflora incarnata</i> )(flower) Extract   | 200mg                 | *                |
| Skullcap ( <i>Scutellaria baicalensis</i> )(root) Extract        | 100mg                 | *                |

\*Daily Value not established

**Other Ingredients:** Vegetarian Capsules (hypromellose and water), Silicon Dioxide, Ascorbyl Palmitate

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