

SUGGESTED USE:

Take two capsules daily or as directed by a physician.

IMPORTANT: Store in a cool dry place and tightly capped. Keep out of the reach of children.

CAUTION: Formulated for children four years and older. For children under four, consult a physician

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Manufactured Exclusively by:
KIRKMAN®
Lake Oswego, OR 97035
503.694.1600
800.245.8282
KIRKMANGROUP.COM

HYPOALLERGENIC | GLUTEN FREE

KIRKMAN®

CHILDREN'S MULTIVITAMIN & MINERAL *with 5-MTHF*

Broad spectrum, high-potency vitamin
and mineral supplementation†

DIETARY
SUPPLEMENT

120
CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin A (as Retinol, Beta-Carotene) 2500 IU	750 mcg RAE	83%
Vitamin C (as Ascorbic Acid)	150 mg	167%
Vitamin D3 (as Cholecalciferol) 400 IU	10 mcg	50%
Vitamin E (as Alpha-Tocopherol) 60 IU	40 mg	267%
Vitamin B1 (as Thiamine Mononitrate)	3 mg	250%
Vitamin B2 (as Riboflavin)	3.4 mg	262%
Vitamin B3 (as Niacinamide)	20 mg NE	125%
Vitamin B6 (as Pyridoxine HCl)	4 mg	235%
Folate (as L/6S-5-MTHF Ca)(Folic Acid 400 mcg)	666 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	24 mcg	1000%
Biotin	300 mcg	1000%
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	200%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide, Glycinate)	50 mg	12%
Zinc (from Zinc Picolinate)	20 mg	182%
Selenium (from Selenium Glycinate Complex)	70 mcg	127%
Manganese (from Manganese Citrate)	2 mg	87%
Chromium (from Chromium Nicotinate Glycinate)	25 mcg	71%
Molybdenum (from Molybdenum Glycinate)	75 mcg	167%
Coenzyme Q10	10 mg	*

*Daily Value not established

Other Ingredients: Vegetarian Capsules (hypromellose and water), Microcrystalline Cellulose, Silicon Dioxide, Ascorbyl Palmitate