

**IMPORTANT:**

Store in a cool dry place and tightly capped.  
Keep out of the reach of children.

This product may develop moisture spotting over time but the potency is unaffected.

**CAUTION:** Magnesium supplements can cause changes in stool consistency and bowel habits. If this occurs, discontinue use and discuss this matter with your physician.

Formulated for adults and children four years and older. For children under four, consult a physician.

**FREE OF:** Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame



Manufactured Exclusively by:  
**KIRKMAN**<sup>®</sup>  
Lake Oswego, OR 97035  
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[KIRKMANGROUP.COM](http://KIRKMANGROUP.COM)



**HYPOALLERGENIC | GLUTEN-FREE**

**KIRKMAN**<sup>®</sup>  
**BUFFERED**  
**MAGNESIUM**  
**BISGLYCINATE**  
**POWDER**

*Relaxes nerves and muscles to  
promote relaxation and  
restful sleep<sup>†</sup>*

DIETARY  
SUPPLEMENT

**SUGGESTED USE:**

Dissolve 1/2 teaspoon in water or fruit juice or as directed by a physician.

**Supplement Facts**

Serving Size: 1/2 Teaspoon (1.5g)  
Servings Per Container: 75

Each Serving Contains	Amount per Serving	% Daily Value
Magnesium (from Magnesium Bisglycinate Chelate)	179 mg	43%

**Other Ingredients:** Citric Acid, Adipic Acid, Stevia Leaf Extract

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NET WT.  
4 OZ.  
(113 gm)

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