

DIRECTIONS: Use anytime of the day-with or without food. For best results, place one level tablespoon (scoop included) of "Catie's Whole Foods Vitamin C Plus" powder into 8-12 ounces of water, your favorite drink, juice, soy, rice or almond milk, or add to a shake. Stir until dissolved or use in a blender or shaker for optimum results. Keep container out of heat, light, and close tightly. Refrigerate after opening.

This product does not contain any wheat, corn, artificial sweeteners, sucrose, alcohol, MSG, yeast, gluten, salt, dairy, egg, coloring, stabilizers, maltodextrins or any other artificial ingredients. It is a NON-Genetically Modified Whole Food. Many blessings, health and happiness.



Formulated with Love by:
Energy Essentials™

For Customer Service: (888) 456-1597
www.energyessentials.com



These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent disease.



NET WT. 10 oz (285g)

Supplement Facts

Serving Size 0.33oz (9.5g)

Servings per Container 30

Amount per Serving		% Daily Value
Total Calories	25	
Calories From Fat	5	
Total Fat	1 g	1.5%
Saturated Fat	0 g	*
Total Carbohydrate	6 g	2%
Dietary Fiber	1 g	4%
Sugar	2 g	*
Protein	<1 g	<2%
Cholesterol	0 g	*
Vitamin C (from Whole Foods)	150 mg	250%

Proprietary Blend 9451 mg		*
Orange Powder	Bilberry Powder	
Acerola Cherry	Blue Berry Powder	
Kamu Kamu	EGCG-Decaffeinated Green Tea Ext.	
Beet	N-Acetyl Cysteine	
Kale	Lysine	
Strawberry Powder	Proline	
Carrots	Selenium (AAC)	
Spinach	L-Arginine	
Bioflavonoids	Manganese (AAC)	
Grapeseed Ext.	MSM	
Pomegranate Powder	Amla	
Cherry Powder		
Gogi Berry Powder		

Other Ingredients: Pineapple Powder and Stevia

% Daily value based on a 2,000 calorie diet.

*Daily Value Not Established