

HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN[®]

**MAGNESIUM
BISGLYCINATE**

BUFFERED CHELATE

Relaxes nerves and muscles and
promotes relaxation and
restful sleep[†]

DIETARY
SUPPLEMENT

180
CAPSULES

IMPORTANT:

Store in a cool dry place and tightly capped. Keep out of the reach of children.

CAUTION: Magnesium supplements can cause changes in stool consistency and bowel habits. If this occurs, discontinue use and discuss this matter with your physician.

Formulated for adults and children four years and older. For children under four, consult a physician.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

Kirkman[®] and Ultra Tested[®] are Registered in U.S. Patent and Trademark Office.

Manufactured Exclusively by:

KIRKMAN[®]

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SUGGESTED USE:

Take two capsules daily or as directed by a physician. Capsules may be pulled apart and the contents mixed with food or beverage.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 90

Each Serving Contains	Amount per Serving	% Daily Value
Magnesium (from Magnesium Bisglycinate Chelate)	100mg	24%

Other Ingredients: Vegetarian Capsule (hypromellose and water), Citric Acid, Adipic Acid, L-Leucine

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.