

Natrol® Melatonin 10mg Fast Dissolve:
Great tasting tablet that dissolves quickly
to help you fall asleep fast†

This product is helpful for occasional sleeplessness.†
WARNING: Not intended for individuals under the
age of 18 years. This product is not intended to treat
insomnia or other sleep disorder. Consult a physician
before using this product if taking medication, have any
medical condition, are pregnant or lactating, have an
autoimmune condition or depressive disorder. Melatonin
may cause drowsiness or sleepiness, do not take when
driving or operating heavy machinery, or consuming
alcohol. If adverse reactions occur, discontinue use. For
occasional short-term use only. Use only as directed and
do not exceed suggested dose. This product should never
substitute healthy sleep practices.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

ITEM: 7164.931 F: 3002785 L: 2010355-23128



NATROL®

SLEEP

**Melatonin
10mg**

FAST DISSOLVE

**100%
DRUG
FREE**

- Fall asleep faster,
stay asleep longer†
- Wake up refreshed†

75 Tablets
DIETARY SUPPLEMENT

Strawberry
artificial flavor



SUGGESTED USE: Adults, take 1 tablet 30
minutes before bedtime. Dissolve in mouth or
chew before swallowing. No water necessary.

Supplement Facts

Serving Size: 1 Tablet	
Servings Per Container: 75	
Amount Per Serving	%DV
Melatonin	10 mg *

*Daily Value (DV) not established.

Other Ingredients: Dextrose, Microcrystalline
Cellulose, Cellulose Gum, Croscopovidone,
Maltodextrin, Glyceryl Behenate, Sucrose Esters of
Fatty Acids, Gum Arabic, Beet Root Extract (color),
Silicon Dioxide, Artificial Flavor, Sucralose, Menthol.

Distributed by NATROL LLC
Sherman Oaks, CA 91403, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

NO: Milk, Egg, Fish, Crustacean Shellfish,
Tree Nuts, Peanuts, Wheat, Soybeans,
Sesame

Do not use if safety seal is damaged
or missing.



LOT/EXP: