

QUICK DISSOLVING
Outer Layer



CONTROLLED RELEASE
Inner Layer

To help you fall asleep fast†

(not actual size)

To help you sleep through the night†

NATROL®



SLEEP

ADVANCED

Melatonin 10mg

TIME RELEASE 

**100%
DRUG
FREE**

-  Fall asleep faster, stay asleep longer†
-  Sleep support through the night†

60 Tablets

DIETARY SUPPLEMENT

SUGGESTED USE: Adults, take 1 tablet 30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	588%
Calcium (as Dibasic Calcium Phosphate)	23 mg	2%
Melatonin	10 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Hypromellose, Magnesium Stearate, Stearic Acid, Silicon Dioxide, Methylcellulose, Glycerin.

Distributed by NATROL LLC
Sherman Oaks, CA 91403, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame

Do not use if safety seal is damaged or missing.

APPROX.
FILL LINE

LOT/EXP:

This product is helpful for occasional sleeplessness.†

WARNING: Not intended for individuals under the age of 18 years. This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, using any tranquilizers or sedatives. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use. For occasional short-term use only. Use only as directed and do not exceed suggested dose. This product should never substitute healthy sleep practices.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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