

REFRIGERATE AFTER OPENING

DIRECTIONS: Use in the a.m. on an empty stomach. For best results place one (1) tablespoon of "Catie's *Gluten Free Greens*" in 8 ounces of water, juice, soy milk, rice or almond milk. Use a blender or shaker for optimum results. Keep container out of heat, light and close tightly.

This product does not contain any wheat, artificial sweeteners, sucrose, alcohol, MSG, yeast, salt, dairy, corn, egg, coloring, stabilizers, maltodextrins or any other artificial ingredients. Many blessings, health and happiness.

NON-GMO



Formulated and distributed with Love by:
Energy Essentials™

Sanctuaries for Cleansing, Weight Loss & Rejuvenation
To order, call: (818) 591-9355
www.energyessentials.com



These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent disease.



Catie's
Organic
**GLUTEN FREE
GREENS**

Plus Super Foods & Herbs to Help
**CLEANSE, STRENGTHEN, & NOURISH
VEGETARIAN & VEGAN**

**"EASILY ABSORBED, CONCENTRATED
WHOLE FOOD"**

"Ideal for Sensitive Individuals"

DIETARY SUPPLEMENT

11.5 oz. (326.7g)

Supplement Facts

Serving Size: 10.89 grams (Approx. 1 Tbsp.) / Servings per container: Approx. 30

Amount per Serving		% Daily Value	
Total Calories 32			
Calories from Fat	14		
Total Fat	1.8 g		1 %
Saturated Fat	0 g		*
Cholesterol	0 g		*
Sodium	4 mg		1 %
Total Carbohydrate	2 g		10 %
Dietary Fiber	5 g		*
Sugars	<1.0 g		*
Protein	3 g		*
Vitamin A	12000 IU	Calcium	550 mg
Vitamin E (as Tocopherol)	4 IU	Iron	0.5 mg
Vitamin B1	35 mg	Magnesium	20 mg
Vitamin B2	5 mg	Zinc	10 mg
Vitamin B6	20 mg	Potassium	200 mg
Vitamin B12	20 mcg		

Proprietary Blend 10,900 mg

Organic Spirulina Powder	Organic Chlorella
Organic Apple Fiber (Fruit)	Organic Apple Pectin (Fruit)
Organic Alfalfa Powder	Nova Scotia Dulse (Leaf)
Organic Asparagus	Silymarin 83.5% (Milk Thistle (Seed))
Cinnamon Powder	Panax Ginseng (Root)
Beet Juice (Root)	Suma Powder (Root)
Probiotic Culture (Dairy Free) 6 Billion	Organic Parsley Powder
Acerola Berry (Fruit)	Grape Seed Extract (Seed)
Astragalus (Root)	Bilberry Powder (Fruit)
Organic Spinach Powder	Alpha Lipoic Acid
Ginkgo Biloba Extract (24% Leaf)	Amylase
Decaffeinated Green Tea Catechins (Leaf)	Protease
Lysine	Lipase
Proline	Cellulase
Carrot Powder	Papain
CO-Q10	Bromelain
Shiitake	Organic Kale
Maitake	Camu Camu Fruit
Cordyceps	Chia Seed Powder
Tropical Flavor*	
Flax Seed Meal	

* Flavored with Tropical Fruits and Stevia

* Daily Values(DV) Not Established. Percent Daily Values(DV) are based on a 2000 Calorie diet.