

**Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, kidney disorder, hypercalcemia, hypercalciuria, or are taking any medications, consult a healthcare professional before use. Do not take with other vitamin D containing supplements.

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

**FREE FROM** wheat, dairy, gelatin, and artificial colors.

Aquamín® is a registered trademark of Marigot Limited.



BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC

◆ LH15839.D01 BLK8768D

©2024 Nature's Way Brands, LLC  
Green Bay, WI 54311 USA  
Bottled and tested in the USA  
**Questions?** 1-800-962-8873 / naturesway.com

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's  
Way

# Alive!

**BONE SUPPORT\***

**Calcium  
Max Absorption**

1,200 mg Plant Source  
Calcium per 4-Tablet Serving

With Vitamin D3, Vitamin K2,  
Magnesium

Orchard Fruits™ &  
Garden Veggies™ Powder Blend  
(100 mg per 4-tablet serving)

**120 TABLETS - DIETARY SUPPLEMENT**

**Recommendation:** Adults take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Not formulated for children. Do not exceed recommended dose.

## Supplement Facts

Serving Size 4 Tablets / Servings per Container 30

Amount per Serving	% DV†	
Calories	10	
Total Carbohydrate	2 g	1%†
Vitamin D3 (as cholecalciferol)	100 mcg	500%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	1,200 mg	92%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant] and as magnesium citrate, oxide)	264 mg	63%
Sodium	30 mg	1%

Amount per Serving	% DV†
Greens Blend: Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	100 mg **
Orchard Fruits™ & Garden Veggies™ Powder Blend: Beet, Apple, Pome- granate, Carrot, Orange, Asparagus, Brussels Sprout, Cabbage, Cucumber, Pea, Pear, Pumpkin, Tomato, Blueberry, Banana, Cranberry, Pineapple, Straw- berry, Raspberry, Açai, Plum, Cauli- flower, Cherry, Grape, Broccoli, Spinach	100 mg **
Strontium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	8 mg **
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	150 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: cellulose, stearic acid, citric acid, sodium croscarmellose, sodium bicarbonate, hypromellose, silica, glycerin

Contains soy.