

Supports Healthy Bones*

With 1,200 mg plant source calcium per 4-tablet serving



Vitamin D3 enhances calcium absorption and utilization*



Magnesium helps maintain bone density*



Vitamin K2 directs calcium to bones where it's needed most*



With 100 mg Orchard Fruits™ & Garden Veggies™ powder blend per 4-tablet serving

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM wheat, dairy, gelatin, and artificial colors.

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Green Bay, WI 54311 USA • Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
way

Alive!

BONE SUPPORT*

Calcium Max Absorption

1,200 mg Plant Source
Calcium per 4-Tablet Serving

With Vitamin D3, Vitamin K2,
Magnesium

Orchard Fruits™ &
Garden Veggies™ Powder Blend
(100 mg per 4-tablet serving)

Recommendation: Adults take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Not formulated for children. Do not exceed recommended dose.
Warning: Do not take if you are pregnant or nursing. If you have a blood clotting issue, kidney disorder, hypercalcemia, hypercalciuria, or are taking any medications, consult a healthcare professional before use. Do not take with other vitamin D containing supplements.

Supplement Facts		Amount per Serving	% DV†
Serving Size 4 Tablets Servings per Container 45		(leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	
Amount per Serving		Orchard Fruits™ & Garden Veggies™ Powder Blend: Beet, Apple, Pomegranate, Carrot, Orange, Asparagus, Brussels Sprout, Cabbage, Cucumber, Pea, Pear, Pumpkin, Tomato, Blueberry, Banana, Cranberry, Pineapple, Strawberry, Raspberry, Açai, Plum, Cauliflower, Cherry, Grape, Broccoli, Spinach	100 mg **
Calories	10		
Total Carbohydrate	2 g		1%†
Vitamin D3 (as cholecalciferol)	100 mcg		500%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	1,200 mg		92%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant] and as magnesium citrate, oxide)	264 mg		63%
Sodium	30 mg		1%
Greens Blend: Organic Kale	100 mg		**
		Strontium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	8 mg **
		Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	150 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, stearic acid, citric acid, sodium croscarmellose, sodium bicarbonate, hypromellose, silica, glycerin
Contains soy.

180 TABLETS - DIETARY SUPPLEMENT