

Get the Most from Your Multi

Plant-based pectin gummies with 16 vitamins and minerals



With a Superfood Antioxidant[†] powder blend (50 mg per 2-gummy serving)



Full B-vitamin complex to support energy metabolism*



Supports hair, skin, and nails, and immune, heart, and muscle function*



Mixed berry flavored

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

FREE FROM gluten, wheat, egg, peanut, dairy, and gelatin.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

©2024 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)



BOTTLE MADE FROM 50% POST-CONSUMER RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NEW & IMPROVED



Alive!

WOMEN'S GUMMY MULTIVITAMIN

WITH **SUPERFOOD ANTIOXIDANTS[‡]**

†10 mg polyphenols per 2-gummy serving



150 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 75

Amount per Serving		% DV†
Calories	20	
Total Carbohydrate	5 g	2%†
Total Sugars	4 g	**
Includes 4 g Added Sugars		8%†
Vitamin A (as 80% retinyl palmitate, 20% beta-carotene)	450 mcg	50%
Vitamin C (ascorbic acid)	30 mg	33%
Vitamin D3 (as cholecalciferol)	40 mcg	200%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
Thiamin (as thiamin HCl)	0.3 mg	25%
Riboflavin	0.325 mg	25%
Niacin (as niacinamide)	4 mg	25%
Vitamin B6 (as pyridoxine HCl)	2.6 mg	153%
Folate	400 mcg DFE (240 mcg Folic Acid)	100%

Amount per Serving		% DV†
Vitamin B12 (as cyanocobalamin)	3.6 mcg	150%
Biotin	37.5 mcg	125%
Pantothenic Acid (as D-calcium pantothenate)	1.3 mg	26%
Calcium (as tribasic calcium phosphate)	100 mg	8%
Phosphorus (as tribasic calcium phosphate)	45 mg	4%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	1.9 mg	17%
Sodium	20 mg	1%
Superfood Antioxidant [‡] Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg	**
Boron (as sodium borate)	150 mcg	**
Inositol	40 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, natural flavors, citric acid, sodium citrate, vegetable and fruit juice colors

◆ LH14069.K01 BGM8797K



0 33674 14069 7