

## Support for Stressful Times\*

†Fast-acting L-Theanine works within 30-60 minutes to promote relaxation\*

- Supports a calm mind without daytime drowsiness\*
- Provides drug-free stress relief\*

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

**GLUTEN FREE.** No wheat, corn, soy, dairy, gelatin, or artificial colors or flavors.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA  
Questions? 1-800-962-8873 /  
[naturesway.com](https://www.naturesway.com)

◆ LH09550.B01 BLK955B



BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



# L-THEANINE

## Fast-Acting Stress Relief\*†

200 MG PER  
2-CAPSULE SERVING

180 VEGAN CAPSULES - DIETARY SUPPLEMENT

**Recommendation:** Adults take 2 capsules one to two times daily. Not formulated for children. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 2 Capsules  
Servings per Container 90

Amount per Serving	% DV**
L-Theanine	200 mg**

\*\*Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), magnesium stearate

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.