

High-Quality Evening Primrose Oil

120 mg gamma-linolenic acid (GLA) per serving[†]

- Provides 880 mg of linoleic acid per serving[†]
- Linoleic acid is an essential omega-6 fatty acid which must be obtained in your daily diet
- Cold-pressed with no chemical solvents, starch, or artificial colors

[†]See Supplement Facts for total fat content.

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

Nature's
way

**EVENING
PRIMROSE**
COLD-PRESSED OIL

**PLANT
POWERED**

**1,300 MG
PER SERVING**

120 MG GAMMA-LINOLENIC ACID (GLA) PER SERVING[†]

120 SOFTGELS - DIETARY SUPPLEMENT

Recommendation: Adults swallow 1 softgel two to three times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Softgel

Amount per Serving	% DV [†]	
Calories	15	
Total Fat	1.5 g	2% [†]
Saturated Fat	0 g	0% [†]
Trans Fat	0 g	**
Polyunsaturated Fat	1 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Evening Primrose Oil (seed)	1.3 g	**
Omega-6 Fatty Acids	1 g	**
Linoleic Acid (LA)	880 mg	**
Gamma-Linolenic Acid (GLA)	120 mg	**
Omega-9 Fatty Acids including Oleic Acid (OA)	70 mg	**

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: gelatin (softgel), glycerin, purified water