

NEW &
IMPROVED

Nature's
way

Alive!

WOMEN'S 50+
COMPLETE MULTIVITAMIN

WITH
SUPERFOOD
ANTIOXIDANTS[‡]

‡10 mg polyphenols
per serving

130 TABLETS - MULTIVITAMIN SUPPLEMENT



Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV**
Vitamin A (as 70% [630 mcg] retinyl acetate, 30% [270 mcg] beta-carotene)	100%
Vitamin C (ascorbic acid)	150%
Vitamin D3 (as cholecalciferol)	250%
Vitamin E (as dl-alpha tocopheryl acetate)	100%
Vitamin K (as phytonadione)	100%
Thiamin (as thiamin mononitrate)	300%
Riboflavin	200%
Niacin (as niacinamide)	100%
Vitamin B6 (as pyridoxine HCl)	300%
Folate (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin)	1,667%
Biotin	100%

Amount per Serving

% DV**

Pantothenic Acid (as D-calcium pantothenate)	7.5 mg	150%
Calcium (as calcium carbonate)	260 mg	20%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	50 mg	12%
Zinc (as zinc oxide)	16.5 mg	150%
Selenium (as sodium selenate)	55 mcg	100%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	4.6 mg	200%
Molybdenum (as sodium molybdate)	45 mcg	100%
Superfood Antioxidant [‡] Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg	**
FloraGLO [®] Lutein Carotenoid (from Azttec Marigold [flower] Extract)	300 mcg	**
Boron (as sodium borate)	150 mcg	**

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, gelatin, stearic acid, hydroxypropyl cellulose, hypromellose, magnesium stearate, silica, glycerin

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed.

Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM gluten, wheat, soy, dairy, and artificial colors.

FloraGLO
LUTEIN

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ONCE DAILY

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ONCE DAILY

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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

