Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. Warning: Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

FREE FROM gluten and artificial colors.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7.947.662.

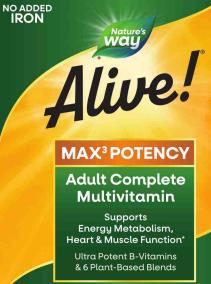
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♦ LH14932.F02 BLK8004F







Supplement Facts Amount per Serving % DV† Serving Size 3 Tablets / Servings per Container 60 Molybdenum (as sodium molybdate) 45 mca 100% 10 mg <1% **Amount per Serving** % DV Daily Greens™ Blend: Spirulina, Kelp. 400 ma Calories Barley (grass), Blessed Thistle (stem, leaf, flower), Total Carbohydrate Blue-Green Algae (Aphanizomenon flos-aguae), Chlorella Vitamin A (as 67% [1,809 mcg] beta-2.700 mca Cilantro (leaf). Dandelion (aerial parts), Lemon Balm (leaf), carotene, 33% [891 mcg] retinyl acetate) Lemongrass (Cymbopogon citratus) (aerial parts), Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass) Vitamin C (ascorbic acid) 900 mg Orchard Fruits™ & Garden Veggies™ Powder 200 mg Vitamin D3 (as cholecalciferol) 50 mca Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Vitamin F (as d-alpha tocopheryl succinate) 100 ma Strawberry, Apple, Beet, Cherry, Pear, Tomato, Vitamin K (as phytonadione) 120 mca Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry 20 mg Thiamin (as thiamin mononitrate) Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach Riboflavin 20 mg Cardio Blend: Hawthorn (berry), Japanese 100 ma Niacin (as niacinamide) 100 mg Knotweed (root) Extract, Coenzyme Q10 (ubiquinone-10) Vitamin B6 (as pyridoxine HCI) 20 ma Mushroom Mycelial & Primordia Biomass Defense 100 ma Blend: Organic Reishi, Organic Shiitake, Organic Hiratake, 400 mcg DFE Organic Enokitake, Organic Maitake, Organic (418 mcg Quatrefolic® brand (6S)-5-Yamabushitake, Organic Agarikon, Organic Chaga. methyltetrahydrofolate glucosamine salt) Organic Himematsutake, Organic Kawaratake Vitamin B12 (as methylcobalamin) 80 mca (Trametes versicolor), Organic Mesima, Organic Zhu Ling 33 mca Omega 3/6/9 Fatty Acid Seed Blend: 100 ma Pantothenic Acid (as D-calcium pantothenate) 63 mg 1.260% Flax (seed). Sunflower (seed) Choline (as choline hitartrate) 30 ma 5% Citrus Bioflavonoid Complex (from orange. 60 ma grapefruit, lemon, lime, tangerine) Calcium (as calcium citrate. 325 ma carbonate. D-calcium pantothenate) Fleuthern (root) 50 ma lodine (as potassium iodide, from kelp) 150 mca 100% 50 ma Digestive Enzyme Blend: Betaine HCl. Bromelain, Papain 35 ma Magnesium (as magnesium oxide) 130 mg Rutin (from Sophora japonica [flower bud] Extract) 25 mg Zinc (as zinc gluconate) 11 mg 500 mcg Lutein (from Aztec Marigold [flower] Extract) Selenium (as L-selenomethionine) 158 mcn Copper (as copper bisolycinate) 0.9 mg Percent Daily Values (DV) are based on a 2,000 calorie diet. Manganese (as manganese bisglycinate) 5.8 mg 252% **Daily Value not established.

180 TABLETS - MULTIVITAMIN SUPPLEMENT

Other ingredients: cellulose, stearic acid, gelatin, brown rice

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin,