

Directions

Mix entire contents of 1 packet
with at least 8 oz of water.
Stir well. Drink up!



MegaFood®

Digestive Health WATER ENHANCER

Prebiotics and probiotics
to support gut health†

LEMON GINGER
KOMBUCHA

FLAVOR WITH OTHER NATURAL FLAVORS

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

DIETARY SUPPLEMENT

10 SERVINGS / 10 PACKETS

NET WT 60 g (2.11 OZ)

Suggested Use: Adults mix entire contents of 1 packet
with 8 oz. of water and stir thoroughly.

Supplement Facts

Serving size: 1 single serve packet (6 g)
Servings per container: 10

Amount per serving	%DV
Calories 20	
Total Carbohydrate 6 g	2%*
Dietary Fiber 1 g	4%*
Total Sugars 2 g	**
Includes 2 g Added Sugars	4%*
Sodium 125 mg	5%
Inulin (from Jerusalem artichoke) 1000 mg	**
Kombucha powder (fermented tea leaf) 500 mg	**
Green tea leaf extract 100 mg	**
Apple cider vinegar powder 60 mg	**
<i>Bacillus subtilis</i> DE111® 2 Billion CFU*	**

* % Daily Value (DV) based on a 2,000 calorie diet
** % Daily Value (DV) not established

Other Ingredients: Citric acid, cane sugar, natural flavors,
sodium bicarbonate, potassium bicarbonate, malic acid, stevia
leaf extract, silica.

Made for MegaFood, PO Box 5244, Manchester, NH 03108 USA
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♦Colony forming units. Potency guaranteed until expiration,
when stored as recommended.
Keep out of reach of children. Store in a cool place and avoid
exposure to moisture.

We are a vitamin and supplement company
working to help grow a healthier world. Since 1973,
we've been dedicated to producing high-quality
supplements. We pair key ingredients with real
food to support your optimal wellness.



Learn about our seals megafood.com/standards

*Made without milk, eggs, peanuts, tree nuts,
soy, wheat, fish, shellfish and sesame.

Drink your water. Feed your gut.

With a kombucha zing and a luscious
fruit flavor, this H₂O enhancer is
fabulously refreshing. It's a simple way
to get that good gut feeling every day.

What's inside?



PREBIOTIC FIBER FROM
JERUSALEM ARTICHOKE



FERMENTED TEA
(KOMBUCHA POWDER)



APPLE CIDER
VINEGAR



GREEN TEA
LEAF EXTRACT



DE111®

DE111® is a probiotic strain, clinically
studied to be shelf-stable and resistant to
stomach acid - so it can survive the journey
and keep doing its job.

DE111® is a registered trademark of Deerland
Probiotics & Enzymes, Inc.