

ZMA® 2000 is used to support maximum nighttime recovery from training.* Anecdotally, Beverly International customers report that ZMA® 2000 improves sleep quality.*

Use: Men take 3 capsules (women take 2 capsules) before bed on an empty stomach.

* These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ZMA® is a registered trademark of SNAC System Inc., San Carlos, CA 94070
ZMA® is the original zinc-magnesium supplement and the only one validated by published research.

100% Money-Back Guarantee

If you're not 100% satisfied after using this product for 60 days, then we will refund your money. No questions asked.

Caution: Consult physician if you are: under 18 years of age, pregnant/nursing, taking medication, or have a medical condition. **Keep out of reach of children.**

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BEVERLY[™]
INTERNATIONAL

ZMA[®]
2000[™]

Clinically Dosed Nighttime
Recovery Formula*

90 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 capsules
Servings Per Container 30

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine HCl)	10.5 mg	618%
Magnesium (from magnesium aspartate and oxide)	450 mg	107%
Zinc (as zinc monomethionine, zinc aspartate, and zinc oxide)	30 mg	273%

%DV = % Daily Value

Other ingredients: Gelatin, microcrystalline cellulose, silicon dioxide, magnesium stearate.

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