

Up-Lift is a stimulant-free pre-workout formula used to increase training intensity and overall muscular performance.* Up-Lift is great for fast-paced workouts: bodybuilding, cardio, HIIT, CrossFit, MMA, and more.* Students and gamers also use Up-Lift to get a nootropic (cognitive performance) edge.*

Use: Mix 2 full scoops with water and drink 30 minutes pre-workout. For workouts lasting longer than 90 minutes: Drink 1 serving 15-30 minutes pre-training; drink an additional serving after 45 minutes of training.

* These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Consult your physician prior to using this product, if you are: under 18 years of age; pregnant; nursing; trying to become pregnant; taking medication; or have a medical condition.
Keep out of reach of children.

100% Money-Back Guarantee

If you're not 100% satisfied after using this product for 60 days, then we will refund your money. No questions asked.



UP-LIFT™

Stimulant-Free Workout Intensifying
Drink Mix w/Nitric Oxide & Cognitive
Performance Catalysts*

TART CHERRY

NATURAL FLAVOR

DIETARY SUPPLEMENT
NET WT 330 G (11.6 OZ)

Supplement Facts

Serving Size 2 full scoops (22g)
Servings Per Container 15

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	500 mg	556%
Niacin (as niacinamide)	50 g	313%
Arginine Alpha-Ketoglutarate	3.5 g	†
L-Alanine	3 g	†
Trimethylglycine (TMG) (as betaine anhydrous)	2 g	†
Glycine	2 g	†
L-Tyrosine	1.5 g	†
L-Citrulline	1.15 g	†
L-Histidine HCl	1 g	†
CarnoSyn® Beta-Alanine	1 g	†
Rhodiola rosea Extract(root)(4% glycoside, 2% salidroside)	150 mg	†
American Ginseng Extract (root) (5% ginsenosides)	100 mg	†
L-Carnosine	50 mg	†

† Daily Value not established.

Other ingredients: Dextrose, citric acid, maltodextrin, natural flavors (vanilla, black cherry, Magnasweet®), silicon dioxide, beet color, potassium phosphate, sodium phosphate, sucralose, modified food starch, propylene glycol, glycerin, corn starch, hydrolyzed soy protein, corn syrup, caramel color.

Contains soy.

BEVERLY INTERNATIONAL NUTRITION, INC
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