

Hard-training athletes use Glutamine Select to maximize muscle recovery and building (anabolism) and reduce exercise-induced muscle soreness.*

Glutamine Select also works as an excellent all-around sports drink! It helps quench thirst, keep you hydrated and enhance muscle recovery.* Zero sugar and sodium.

Use: Take one scoop daily. Mix each scoop with 6-8 oz water and drink.

For maximum results:

- **When performing long, exhaustive workouts:** Mix 1 or more scoops with 12-16 oz of water and drink during and immediately after workouts to maximize muscle recovery and anabolism and help reduce muscle soreness.*

- **When dieting:** Drink Glutamine Select in between meals to help alleviate cravings and preserve lean muscle.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

100% Money-Back Guarantee

If you're not 100% satisfied after using this product for 60 days, we will refund your money. No questions asked.

Questions or Comments? Call (800) 781-3475 or email info@BeverlyInternational.net.



GLUTAMINE SELECT™

Clinically Dosed Glutamine +
BCAAs for Muscle Recovery
and Anabolism*

WILD BERRY

NATURAL FLAVOR

DIETARY SUPPLEMENT
NET WT 564 G (19.8 OZ)

Supplement Facts

Serving Size 1 scoop (9.4g)

Servings Per Container: 60

	Amount Per Serving	% Daily Value
L-Glutamine	5000 mg	**
L-Leucine	1500 mg	**
L-Isoleucine	750 mg	**
L-Valine	750 mg	**

** Daily Value (DV) not established.

Other Ingredients: Natural Flavors (blueberry, raspberry, berry mixed, blackberry), Citric Acid, Guar Gum, Xanthan Gum, Natural Blue Color, Natural Purple Color, Sucralose, Silicon Dioxide, Sunflower Lecithin.

Beverly International Nutrition, Inc.
Cold Spring, KY 41076
(800) 781-3475
www.BeverlyInternational.com

Warning: Consult your physician prior to using this product if you are: under 18 years of age; pregnant; nursing; trying to become pregnant; taking medication; or have a medical condition.

Keep out of reach of children.

REV. 4-1.22

