

FitTabs is the "must-have" multivitamin if you're trying to slim down, shape up or simply look and feel fit.* Custom formulated to support the fitness of your metabolism, digestion, immunity, hair, skin and nails, from the inside out.*

* These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Use: Take 2-4 tablets daily with meals.

100% Money-Back Guarantee

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **Keep out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately. Consult your physician prior to using this product if you are: under 18 years of age; pregnant; nursing; trying to become pregnant; taking medication; or have a medical condition.

REV. 1-1.23



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BEVERLY[™]
INTERNATIONAL

FitTabs

Custom Formulated Multivitamin
& Mineral Supplement

120 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 4 tablets

Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate and beta-carotene) 7500 mcg RAE	833%	Iodine (as potassium iodide) 152 mcg	101%
Vitamin C (as ascorbic acid) 500 mg	556%	Magnesium (as magnesium oxide) 250 mg	60%
Vitamin D (as cholecalciferol) 25 mcg	125%	Zinc (as zinc amino acid chelate) 25 mg	227%
Vitamin E (as d-alpha tocopheryl acid succinate) 134 mg	893%	Selenium (as sodium selenate) 15 mcg	27%
Vitamin B1 (as thiamine HCl) 50 mg	4167%	Copper (as copper oxide) 3 mg	333%
Vitamin B2 (as riboflavin) 50 mg	3846%	Manganese (as manganese sulfate) 40 mg	1739%
Vitamin B3 (as niacinamide) 60 mg	375%	Chromium (as chromium chloride) 12 mcg	34%
Vitamin B6 (as pyridoxine hydrochloride) 50 mg	2941%	Molybdenum (as sodium molybdate) 4 mcg	9%
Folate 680 mcg DFE (400 mcg folic acid)	170%	Potassium (as potassium chloride) 50 mg	1%
Vitamin B12 (as methylcobalamin) 50 mcg	2083%	Inositol 150 mg	†
Vitamin B7 (as biotin) 50 mcg	167%	PABA (para-aminobenzoic acid) 50 mg	†
Vitamin B5 (as d-calcium pantothenate) 50 mg	1000%	Bacillus coagulans 750 Million CFU**	†
Choline (as choline bitartrate) 150 mg	27%	Lemon bioflavonoid complex 10% (from whole Citrus <i>limon</i> fruit)	†
Calcium (as dicalcium phosphate) 500 mg	38%	Hesperidin complex 15%	†
Iron (as ferrous AA chelate) 30 mg	167%	Rutin 25 mg	†
Phosphorus (as dicalcium phosphate) 387 mg	31%	Rose hips fruit 25 mg	†

† Daily Value (DV) not established.

** At time of manufacturing.

OTHER INGREDIENTS: HYDROXYPROPYL METHYLCELLULOSE, HYDROXYPROPYL CELLULOSE, MICROCRYSTALLINE CELLULOSE, MAGNESIUM STEARATE, SODIUM ALGINATE, STEARIC ACID, XANTHAN GUM, SILICON DIOXIDE, CROSCARMELLOSE SODIUM, GUM ACACIA, MALTODEXTRIN.