

EFA Gold is a synergistic combination of essential fatty acids (EFAs) used to support maximum cardiovascular health and overall performance, particularly during periods of heavy training, or when dieting.*

* These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Use: Take 3 softgels daily with a meal. For maximum results, take 3 EFA Gold softgels with breakfast and dinner and combine with FitTabs.

100% Money-Back Guarantee
If you're not 100% satisfied after using this product for 60 days, then we will refund your money. No questions asked.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



EFA GOLD

Ultra-Concentrated Synergistic
EFA Formula w/Purified,
Mercury-Free Fish Oil

90 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 softgels		
Servings Per Container 30		
Amount Per Serving	%DV	
Calories	40	
Total Fat	3.5 g	5%*
Polyunsaturated Fat	2.5 g	†
Monounsaturated Fat	1 g	†
Protein	1 g	2%*
Vitamin E (as d-alpha tocopherol)	10 mg	66%
Omega-3 Fatty Acids	1200 mg	†
Omega-6 Fatty Acids	720 mg	†
Omega-9 Fatty Acids	492 mg	†
Proprietary Blend	3600 mg	†
Organic Flax Seed Oil		
Marine Lipid Concentrate		
Borage Oil		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		
† Daily Value (DV) not established.		

OTHER INGREDIENTS:
Softgel Capsule (gelatin, glycerin, purified water) and Vitamin E (as natural d-alpha tocopherol).

CONTAINS: Fish (Anchovy, Mackerel, Sardine, Tuna) and soy (from Vitamin E).

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