

Bluebonnet's Taurine 1000 mg Vegetable Capsules are formulated with the free-form amino acid taurine from Ajinomoto to support brain health. †



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement

50 Vegetable Capsules

Bluebonnet



Taurine  
1000 mg

Brain Health †

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 50

### Amount Per Serving

Taurine (free-form)	1000 mg	*
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\*Daily Value not established.

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), silicon dioxide, vegetable magnesium stearate.

Manufactured by  
Bluebonnet Nutrition Corporation  
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