Pure Health
Naturally

Pure Health Nature's Releaf tea delivers the robust flavors of Licorice Root, Peppermint Leaf, and Hibiscus Flower, along with gentle-action herbs like Fennel Seed and Senna Leaf to support healthy digestion and regularity in a delicious, convenient tea bag.*

This soothing, natural formula combines Senna Leaf and Fennel Seeds, which are overflowing with active compounds that work synergistically to support healthy digestion and regularity.*

Bursting with flavor, Pure Health adds the delicious, natural flavors of Licorice Root, Peppermint Leaf and Hibiscus Flower to support healthy digestion and offer comforting warmth. Brew one cup before bedtime and let nature take its course.*

Find relief in nature with Nature's Releaf tea!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# NATURE'S RELEAF™

**A Blend of Senna Leaf & Fennel Seed with Soothing Spices & Flavorful Florals**

Supports
Healthy Digestion*
& Regularity*

Herbal Dietary Supplement

30 Tea Bags

NET WT. 1.59 oz (45 g)

## Supplement Facts

Serving Size: 1 Cup Brewed Tea
Servings Per Container: 30

| | Amount Per Serving | % Daily Value* |
|---|---|---|
| Calories | 0 | |
| Nature's Releaf™ Proprietary Blend | 1,500 mg | † |
| Senna Leaf | | † |
| Peppermint Leaf | | † |
| Licorice Root | | † |
| Stevia Leaf | | † |
| Fennel Seed | | † |
| Hibiscus Flower | | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

**Other Ingredients:** Nothing Else!

**Brewing Directions:** Bring water to a rolling boil. Pour 8 fl oz. boiling water over one tea bag. Cover cup and steep for 10-15 minutes - the longer you steep, the stronger it gets! Gently squeeze the tea bag and enjoy! Drink before bedtime.

**Warning:** This product contains senna leaf. Read and use directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain as senna leaf may worsen these conditions and be harmful to your health. Consult your healthcare provider if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a health condition. Do not use for longer than one week at a time unless otherwise directed by your healthcare provider. Keep out of reach of children.

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