

**Bluebonnet's Sleep Support Vegetable Capsules** are formulated with a unique blend of sustainably harvested or wildcrafted herbal/botanical extracts and amino acids to help support rest & relaxation. ♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

VitaCherry® is a registered trademark of FutureCeuticals. **VitaCherry.**

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Residual drowsiness may occur, so refrain from operating machinery or driving a vehicle when taking this product. Discontinue use two weeks prior and following surgery. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Bluebonnet

# SLEEP SUPPORT.

**REST & RELAX.**

WHOLE FOOD-BASED FORMULA  
**DIETARY SUPPLEMENT**  
60 VEGETABLE CAPSULES



**Directions:** As a dietary supplement, take one capsule 30 to 60 minutes before bedtime or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

### Amount Per Serving

|  |        |   |
|--|--------|---|
| Valerian Root Extract ( <i>Valeriana officinalis</i> L.)                   | 200 mg | * |
| L-Theanine (free-form)   | 100 mg | * |
| Tart Cherry Fruit Extract ( <i>Prunus cerasus</i> )                        | 100 mg | * |
| Passionflower Herb Extract ( <i>Passiflora incarnata</i> L.)               | 75 mg  | * |
| 5-Hydroxytryptophan (5-HTP) ( <i>Griffonia simplicifolia</i> seed extract) | 50 mg  | * |
| Chamomile Flower Powder ( <i>Matricaria chamomilla</i> )                   | 50 mg  | * |

\*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
12915 Dairy Ashford  
Sugar Land, TX 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

