Bluebonnet's Sleep Support Vegetable Capsules are formulated with a unique blend of sustainably harvested or wildcrafted herbal/botanical extracts and amino acids to help support rest & relaxation.



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

VitaCherry® is a registered trademark of FutureCeuticals. VitaCherry.



Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Residual drowsiness may occur, so refrain from operating machinery or driving a vehicle when taking this product. Discontinue use two weeks prior and following surgery. Keep out of reach of children.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet











Directions: As a dietary supplement, take one capsule 30 to 60 minutes before bedtime or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

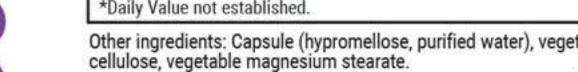
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Serving Size 1 Capsule Servings Per Container 30

Amount Per Serving		
Valerian Root Extract (Valeriana officinalis L.)	200 mg	*
L-Theanine (free-form)	100 mg	*
Tart Cherry Fruit Extract (Prunus cerasus)	100 mg	*
Passionflower Herb Extract (Passiflora incarnata L.)	75 mg	*
5-Hydroxytryptophan (5-HTP) (Griffonia simplicifolia seed extract)	50 mg	*
Chamomile Flower Powder (Matricaria chamomilla)	50 mg	*

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA bluebonnetnutrition.com







REST & RELAX+

WHOLE FOOD-BASED FORMULA

DIETARY SUPPLEMENT

30 VEGETABLE CAPSULES