Suggested Use: Take 1 tablet daily, as a dietary supplement, or as directed by a physician. Goldenseal is most effective when used for a maximum of two weeks at a time.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Best if used by date on bottle. Store in a dry, cool place. KEFP OUT OF REACH OF CHILDREN ANY QUESTIONS ? 1-800-644-8397 Website: www.botanicchoice.com

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by: Indiana Botanic Gardens, In 3401 W. 37th Ave. Hobart, IN 46342



Upport\*

25 mg.

Tablets

Supplement Facts

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## Serving Size 1 Tablet

Amount Per Serving % Daily Value\*\*

Calcium (as dicalcium phosphate) 56 mg 6%
Phosphorus (as dicalcium phosphate) 43 mg 4%

Phosphorus (as dicalcium phosphate) 43 mg 4%
Goldenseal Root Complex 325 mg †
(Hydrastis canadensis)

† Daily Value not established.

\* Daily Values are based on a 2,000 calorie per day diet

Other Ingredients: Dicalcium phosphate, Goldenseal Herb (Hydrastis canadensis), microcrystalline cellulose, stearic acid, mallodextrin, magnesium stearate and aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

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