

Pure Health
Naturally

Pure Health Nature's Green & Lean tea delivers a double dose of green to support healthy weight and energy. This delicious tea packs thousands of years of ancient Eastern herbal tradition with an amazing new superfood discovery into one convenient tea bag.*

Only Green & Lean tea combines green tea leaves, known across Asia for their wealth of antioxidants, along with pure, raw Green Coffee Bean containing Chlorogenic Acids.*

Also, Pure Health takes green tea to the next level, blending warming spices like cinnamon, anise and a hint of ginger, plus a touch of stevia for sweetness, to create a robust flavor unlike any other. Served piping hot or ice cold, Nature's Green & Lean tea is always delicious anytime of year!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATURE'S GREEN & LEAN™

**A Blend of Green Tea,
Green Coffee Bean
& Warming Spices**

**Supports
Healthy Weight
& Natural Energy**

Herbal Dietary Supplement

30 Tea Bags

NET WT. 2.12 oz (60 g)

Supplement Facts

Serving Size: 1 Cup Brewed Tea
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	0	
Nature's Green & Lean™		
Proprietary Blend	2,000 mg	†
Green Tea Leaf		†
Cinnamon		†
Stevia Leaf		†
Ginger Root		†
Green Coffee Bean		†
Anise Star		†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Nothing Else!

Brewing Directions: Bring water to a rolling boil. Pour 8 fl oz. boiling water over 1 tea bag. Cover cup and steep for 10-15 minutes – the longer you steep, the stronger it gets! Gently squeeze the tea bag and enjoy. For best results, drink tea 30 minutes before each meal. Keep out of reach of children.

Caution: Do not take if you are under 18, pregnant or nursing, if you are sensitive to caffeine, or if you have a tendency to have low blood sugar levels. Always consult with your healthcare provider before taking any new supplement.

Distributed by **Pure Health**
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Contains Caffeine

