

OTHER INGREDIENTS: Natural & artificial flavors, silicon dioxide, sucralose, calcium silicate, tartaric acid, fruit & vegetable juice for color. CONTAINS: Tree Nuts (coconut).

Does not contain: Gluten, Preservatives, or Synthetic Colors.

DIRECTIONS: Mix one (1) scoop (14g) with 10-12 fl oz. of water 30 minutes before exercise.

ALTERED STRENGTH™ pushes the limits of the pre-workout category with a formula built to alter mind, body and performance. It targets the key elements necessary for advanced weightlifters to maximize their workouts and delivers massive pumps. ▲

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions. STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. TAMPER EVIDENT Do not use if outer seal is broken or missing.

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AlphaSize® is a registered trademark of Chemi Nutra.

KSM 66® is a registered trademark of Ixoreal Biomed Inc.

AstraGin® is a registered trademark of NuLiv Science USA Inc.



Item No. VS-4235

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▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by: The Vitamin Shoppe, Secaucus, NJ 07094
Visit www.bodytech.com or call 1-866-293-3367

BODYTECH®
ELITE

**ALTERED
STRENGTH™**
PREWORKOUT

HIGH STIM.

N.O. PUMP.

NOOTROPICS.

SIZE & STRENGTH.

KSM 66® • MUSHROOM POWDER BLEND
7g CITRULLINE-MALATE



CHARGED GRAPE
NATURALLY & ARTIFICIALLY FLAVORED

NET WT. 14.8 OZ (420g)

Supplement Facts

Serving Size 1 scoop (14g)

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1% †
Total Sugars	1 g	*
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20833%
Calcium	20 mg	2%
Magnesium (from magnesium glycinate)	10 mg	2%
Sodium	25 mg	1%
Citrulline Malate 2:1	7 g	*
CarnoSyn® Beta-alanine	3.2 g	*
Coconut Water	500 mg	*
Caffeine from green coffee bean extract	333 mg	*
Theobromine	300 mg	*
AlphaSize® (Alpha-Glycerol Phosphoryl Choline)	100 mg	*
KSM 66® Ashwagandha Root Extract	100 mg	*
Taurine	100 mg	*
Organic Mushroom Powder Blend (Organic Cordyceps, Organic Lions Mane)	100 mg	*
AstraGin® (proprietary blend) Ginseng (<i>Panax ginseng</i>) (root) and Astragalus <i>membranaceus</i> (root)	25 mg	*
Huperzine A (as <i>Huperzine serrata</i> extract)	50 mcg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.