



Protein is a fundamental macronutrient and a critical building block of the human body that is essential to the support of muscle growth, development, and recovery.[†]

Chocolate Flavor

 **UPGRADED
FORMULA**

100% Plant Protein

Foundational & Performance[†]

Dietary Supplement Net Wt. 1.6lb (719.4g)

Plant Protein

Chocolate Flavor

Supplement Facts

Serving Size: 1 Scoop (32.7g)
Servings Per Container: 22

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	2.5g	3%*
Saturated Fat	0.5g	3%*
Total Carbohydrate	6g	2%*
Dietary Fiber	2g	7%*
Total Sugars	2g	‡
Includes 2g Added Sugars		4%*
Protein	20g	32%*
Calcium	140mg	11%
Iron	5mg	28%
Sodium	300mg	13%
Potassium	220mg	5%
PURIS®* pea protein	24.08g	‡
Organic brown rice protein	1g	‡

* Percent Daily Values are based on a 2,000 calorie diet.
‡ Daily value not established.

Other Ingredients: Cocoa, Organic Cane Sugar, Natural Flavors, Salt, Stevia, Monk Fruit Extract

Typical Amino Acid Profile

Amino Acid	Amount in Product (per serving)	Amino Acid	Amount in Product (per serving)
Alanine (mg)	888.13	Lysine (mg)	1,508.56
Arginine (mg)	1,761.08	Methionine (mg)	232.87
Aspartic Acid (mg)	2,356.88	Phenylalanine (mg)	1,150.25
Cystine (mg)	250.85	Proline (mg)	903.50
Glutamic Acid (mg)	3,383.18	Serine (mg)	934.93
Glycine (mg)	840.15	Threonine (mg)	758.63
Histidine (mg)	512.17	Tryptophan (mg)	200.94
Isoleucine (mg)	1,028.96	Tyrosine (mg)	783.82
Leucine (mg)	1,703.53	Valine (mg)	1,114.21