



Bluebonnet's Organic Plant Protein Powder delivers organic certified, plant-based protein from a blend of whole food sources like yellow peas, brown rice, chia sprouts and quinoa - each sustainably grown and harvested at their nutritional peak to ensure quality and maximum nutritional density. Each scoop delivers balanced and complete plant-based protein to help support optimal muscle growth and recovery. •

READY-TO-USE



Bluebonnet's KOF-K Certification #K-0000700

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THEREFORE, SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

Made in USA from domestic and imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

WARNING Consuming this product can expose you to lead which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

ORGANIC PLANT PROTEIN



COMPLETE & BALANCED PLANT-BASED NUTRITION •

3.5g FIBER | 18g PROTEIN | 125 CALORIES | 2g OMEGA-3,6,9

*per serving

Yellow Pea | Brown Rice | Chia | Quinoa

DIETARY SUPPLEMENT • EASY-TO-MIX POWDER

NET WT. 1 lb. (486 g)

NOTICE: USE AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.



Directions: As a dietary supplement, add one scoop (31 g) of Bluebonnet's Plant Protein Powder to 8 fl oz of water, smoothie or milk (dairy, almond, oat, rice, or soy) and mix or shake until smooth. Mixes instantly without the use of a blender. **Scoop is enclosed.**

Supplement Facts

Serving Size 1 Scoop (31 g)
Servings Per Container About 15

Amount Per Serving	% Daily Value
Calories	125
Total Fat	2.5 g 3%**
Saturated Fat	0 g 0%**
Total Carbohydrate	7 g 3%**
Dietary Fiber	3.5 g 13%**
Total Sugars	1.5 g *
Protein	18 g 36%**
Calcium	50 mg 4%
Iron	5.5 mg 31%
Phosphorus	200 mg 16%
Iodine	3.5 mcg 2%
Magnesium	30 mg 7%
Zinc	1.5 mg 14%
Selenium	28 mcg 51%
Copper	0.5 mg 56%
Manganese	1 mg 43%
Chromium	60 mcg 171%
Molybdenum	70 mcg 156%
Sodium	230 mg 10%
Total Omega Fatty Acids	2000 mg *
Omega-3 Fatty Acids	700 mg *
Omega-6 Fatty Acids	750 mg *
Omega-9 Fatty Acids	550 mg *

**Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Ingredients: Organic protein blend (organic yellow pea protein isolate, organic sprouted whole grain brown rice protein concentrate, organic instantized quinoa seed protein, organic chia sprout protein), organic cocoa, natural flavors, organic flaxseed, organic gum acacia, xanthan gum, organic stevia extract.

Manufactured for
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478, USA
bluebonnetnutrition.com

Packaged by 30043V Certified organic
by GCIACOP Athens, GA 30605



Allergen Warning:
Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.