



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Dietary Supplement **90** Vegetable Capsules



Multiminerals & Boron

Full Spectrum

Bluebonnet



NEW & IMPROVED

Directions: As a dietary supplement, take four capsules once daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 22.5

Amount Per Serving	% Daily Value
Calcium (as citrate, carbonate)	1000 mg 77%
Iron (as ferrous bisglycinate chelate)	18 mg 100%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as aspartate, oxide)	420 mg 100%
Zinc (as zinc picolinate)	11 mg 100%
Selenium (as L-selenomethionine)	55 mcg 100%
Copper (as copper bisglycinate chelate)	1 mg 111%
Manganese (as manganese bisglycinate chelate)	2.3 mg 100%
Chromium (as chromium picolinate)	35 mcg 100%
Molybdenum (as molybdenum glycinate chelate)	45 mcg 100%
Potassium (as potassium aspartate)	99 mg 2%
Boron (citrate, aspartate, glycinate)	3 mg *

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose, silicon dioxide.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.
Also free of gluten, barley, sodium and sugar.
Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700