

**Bluebonnet's Mega Bio-C Formula Vegetable Capsules** are formulated with non-GMO, identity-preserved (IP) vitamin C from calcium ascorbate, along with citrus bioflavonoids, hesperidin and rutin to help support immune health. ♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.  
 Also free of gluten, barley, rice, sodium and sugar.  
 Minerals are shown in their elemental value.  
 Bluebonnet's KOF-K Certification #K-0000700  
 Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**



# Mega Bio-C Formula

Immune Health ♦



Dietary Supplement **90** Vegetable Capsules

**Directions:** As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 2 Capsules  
 Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin C (as calcium ascorbate)	750 mg	833%
Calcium (as calcium ascorbate)	70 mg	5%
Citrus Bioflavonoid Complex	750 mg	*
Hesperidin (Flavones [eriocitrin, naringenin, narirutin] flavonols and other related phenolic compounds)	300 mg	*
Rutin	50 mg	*

\*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
 12915 Dairy Ashford  
 Sugar Land, TX 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

