

**Bluebonnet's Magnesium Malate Vegetable Capsules** are formulated with 425 mg of elemental magnesium from fully reacted di-magnesium malate from Albion for energy and vitality, as well as muscle and joint health.◆

**MAY SUPPORT**

Energy & Vitality    Muscle Health    Joint Comfort ◆

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



◆ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement **90** Vegetable Capsules

# Bluebonnet

# Magnesium Malate



**Directions:** As a dietary supplement, take three capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 30

Amount Per Serving		% Daily Value
Magnesium (as di-magnesium malate)	425 mg	101%

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
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