



elements for  
**hair, skin  
and nails**

hair<sup>✓</sup> | skin<sup>✓</sup> | nails<sup>✓</sup>  
antioxidants<sup>✓</sup>

**specialty**  
**60** veggie capsules  
dietary supplement

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 2 Veggie Capsules  
Servings Per Container: 30

|                                                                                            | Amount<br>Per Serving | % Daily<br>Value |
|--------------------------------------------------------------------------------------------|-----------------------|------------------|
| Keratin Powder                                                                             | 500 mg                | *                |
| Collagen Type II Powder<br>(Providing: 10% Hyaluronic Acid<br>and 20% Chondroitin Sulfate) | 250 mg                | *                |
| Alpha Lipoic Acid                                                                          | 100 mg                | *                |
| Lutein                                                                                     | 10 mg                 | *                |
| Borage Oil Powder                                                                          | 50 mg                 | *                |
| Flax Seed Powder                                                                           | 50 mg                 | *                |

\* Daily Value not established.

**Other ingredients:** Vegetarian capsule (hypromellose, water), microcrystalline cellulose, magnesium stearate, silica.

**Does not contain:** Yeast, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

**DIRECTIONS:** As a dietary supplement, take two (2) veggie capsules daily.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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