

Bluebonnet's Magnesium Glycinate 400 mg Vegetable Capsules are formulated with magnesium from fully reacted magnesium glycinate, a more rapidly absorbed amino acid mineral complex from Albion. Magnesium supports energy production and is critical for enzyme function. ♦

MAY SUPPORT

- Rest & Relaxation
- Immune Health
- Heart Health

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement

120

Vegetable Capsules

RAPIDLY ABSORBED

Bluebonnet®



Magnesium Glycinate



Relaxation, Immune & Heart Health ♦

Directions: As a dietary supplement, take four capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Magnesium (as magnesium bisglycinate)	400 mg	95%

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com

