

**Bluebonnet's Magnesium & Vitamin B<sub>6</sub> Vegetable Capsules** are formulated with reacted magnesium aspartate and magnesium oxide along with vitamin B<sub>6</sub> to help support heart health and stress relief. ♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Bluebonnet



# Magnesium & Vitamin B<sub>6</sub>

Heart & Stress Support ♦



Dietary Supplement **90** Vegetable Capsules

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 90

Amount Per Serving		% Daily Value
Vitamin B <sub>6</sub> (as pyridoxine HCl)	25 mg	1471%
Magnesium (as aspartate, oxide)	400 mg	95%

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
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