

**Bluebonnet's Liquid Vitamin B<sub>12</sub> & Folic Acid** is formulated with fast-acting vitamin B<sub>12</sub> and folic acid that helps to support cellular energy production and nervous system health in a delicious raspberry flavor. ♦

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and rice.

Made in USA from domestic and imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DIETARY SUPPLEMENT  
2 FL OZ (59 mL)

Raspberry Flavor

Bluebonnet®

# Liquid Vitamin B<sub>12</sub> & Folic Acid

**CELLULAR ENERGY PRODUCTION  
& NERVOUS SYSTEM HEALTH ♦**

**Directions:** As a dietary supplement, take 1 dropper full (1/5 teaspoon or 1 mL) daily or as directed by a healthcare practitioner. **Shake well before serving. Refrigerate after opening.**

## Supplement Facts

Serving Size 1 Dropper (1/5 Teaspoon or 1 mL)  
Servings Per Container 59

Amount Per Serving		% Daily Value
Folate (as 400 mcg folic acid)	667 mcg DFE	167%
Vitamin B <sub>12</sub> (as cyanocobalamin)	1000 mcg	41,667%

Other ingredients: Purified water, fructose, citric acid, natural raspberry flavor, sodium benzoate (preservative).

Manufactured for  
**Bluebonnet Nutrition Corp.**  
12915 Dairy Ashford  
Sugar Land, Texas 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

