







Bluebonnet's Lecithin Granules are sourced from non-GMO. identity-preserved (IP) soybeans grown and sustainably harvested in the USA and Canada at their nutritional peak to ensure quality and maximum nutritional density. Each scoop delivers plant-based, daily nutritional support for energy, vitality, brain, and heart health. Just clean, simple, nutritious lecithin.

READY-TO-USE









Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of corn, gluten, barley, rice and sugar.

Bluebonnet's KOF-K certification #K-0000700

To assure freshness and potency, store in a cool, dry place. away from heat, light and moisture.

NOTE: This product is sold by weight, not volume. Therefore, settling may occur during shipping. Net weight and servings are clearly marked.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach

WARNING Consuming this product can expose you to lead which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

· These statements have not been evaluated by the Food and Drug product is not intended







Bluebonnet



Lecithin Granules





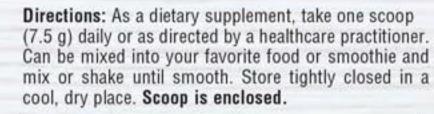


BRAIN & HEART HEALTH +

Minimum 95% Phosphatides

TOTAL PUFA'S TOTAL PHOSPHOLIPIDS CALORIES UNFLAVORED . UNSWEETENED . UNFORTIFIED

DIETARY SUPPLEMENT • EASY-TO-USE GRANULES



Supplement Facts

Serving Size 1 Scoop (7.5 g) Servings Per Container 96

Amount Per Serving		% Daily Value
Calories	45	
Total Fat	4.5 g	6%**
Saturated Fat	1 g	5%**
Polyunsaturated Fat	2.5 g	*
Monounsaturated Fat	0.5 g	*
Total Carbohydrate	<1 g	<1%**
Choline	225 mg	41%
Phosphorus	205 mg	16%
Magnesium	15 mg	4%
Potassium	90 mg	2%
Soy Lecithin Granules	7.5 g	
Phosphatidylcholine	1695 mg	•
Phosphatidylethanolamine	1415 mg	•
Phosphatidylinositol	860 mg	*

*Daily Value not established.

Ingredients: Soy lecithin granules. Contains: Soybeans

Manufactured by Bluebonnet Nutrition Corp. 12915 Dairy Ashford Sugar Land, TX 77478 USA bluebonnetnutrition.com



