

Bluebonnet's Ladies' One® Prenatal DHA 200 mg Vegetarian Softgels are formulated with *life'sDHA*®, a vegetable-based docosahexaenoic acid (DHA) in a triglyceride form derived from marine algae. *Life'sDHA*® is a complement to any woman's diet during pregnancy and/or lactation.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Ladies' One® is a registered trademark of Bluebonnet Nutrition Corporation.

life'sDHA® is a trademark of DSM.

Made in USA from imported and domestic ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Bluebonnet



LADIES' ONE® PRENATAL DHA



Daily Nutrition
For Prenatal
Health ♦

Dietary Supplement



60 Vegetarian Softgels



Directions: As a dietary supplement, take one vegetarian softgel daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Vegetarian Softgel
Servings Per Container 60

Amount Per Serving

DHA	200 mg	*
(docosahexaenoic acid from algal oil)		

*Daily Value not established.

Other ingredients: Algal oil, soluble food starch, glycerin, high oleic sunflower oil, water, carrageenan, sorbitol, ascorbyl palmitate (preservative), tocopherols (preservative), natural flavor, lecithin (sunflower), beta-carotene (colorant), caramel color (colorant).

Contains: Soybeans

Manufactured for
Bluebonnet Nutrition Corporation
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