

Bluebonnet's Full Spectrum Vitamin E Complex Licaps are formulated with a full spectrum of tocopherols and tocotrienols from sustainably sourced, non-hydrogenated palm oil to provide free-radical protection and support heart health. ♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Licaps® is a registered trademark of Capsugel, Inc.

Made in USA from domestic and imported ingredients.



Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Manufactured for
Bluebonnet Nutrition Corporation
 12915 Dairy Ashford
 Sugar Land, TX 77478 USA
bluebonnetnutrition.com



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement 30 Licaps

Bluebonnet



Full Spectrum

Vitamin E Complex

Antioxidant Protection & Heart Health ♦

Rich Source of Antioxidant Vitamin E

Directions: As a dietary supplement, take one liquid-filled capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Liquid-Filled Capsule
 Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin E (as d-alpha tocopherol)	134 mg	893%
Mixed Tocopherols (d-alpha tocopherol, d-delta tocopherol, d-gamma tocopherol and d-beta tocopherol)	320 mg	*
Mixed Tocotrienols (d-gamma tocotrienol, d-alpha tocotrienol, d-delta tocotrienol and d-beta tocotrienol)	25 mg	*

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, medium chain triglycerides, silicon dioxide.

Contains: Soybeans