



Dietary Supplement **120** Caplets

Bone Health ♦

# Chelated iron-free Multimineral

## Bluebonnet



Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Directions:** As a dietary supplement, take three caplets once daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 3 Caplets  
Servings Per Container 40

Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	10 mcg 50%
Calcium (as malate, citrate, bisglycinate chelate)	1000 mg 77%
Iodine (as potassium iodide)	225 mcg 150%
Magnesium (as oxide, bisglycinate chelate)	400 mg 95%
Zinc (as zinc bisglycinate chelate)	25 mg 227%
Selenium (as glycinate complex)	10 mcg 18%
Copper (as copper bisglycinate chelate)	1 mg 111%
Manganese (as manganese bisglycinate chelate)	10 mg 435%
Chromium (as chromium nicotinate glycinate chelate)	100 mcg 286%
Molybdenum (as molybdenum glycinate chelate)	75 mcg 167%
Potassium (as glycinate complex)	99 mg 2%
Betaine HCl	100 mg *
Glutamic Acid HCl	100 mg *
Horsetail Powder	10 mg *
Boron (glycinate complex)	3 mg *
Vanadium (vanadium nicotinate bisglycinate chelate)	50 mcg *

\*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silicon dioxide, vegetable glaze.

Manufactured by **Bluebonnet Nutrition Corporation**  
12915 Dairy Ashford, Sugar Land, Texas 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.

**Albion** and **Albion Medallion Design** are registered trademarks of Albion Laboratories, Inc.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.