

**Bluebonnet's Chelated Magnesium Bisglycinate Vegetable Capsules** are formulated with 200 mg per serving of elemental magnesium from fully reacted magnesium bisglycinate, an amino acid chelate mineral from Albion. Magnesium supports energy production and is critical for enzyme function. ♦

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement

**60** Vegetable Capsules

**Bluebonnet**

# Chelated Magnesium



**Directions:** As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 2 Capsules  
Serving Per Container 30

Amount Per Serving		% Daily Value
Magnesium (as magnesium bisglycinate chelate)	200 mg	48%

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by  
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