

Bluebonnet's Calcium Magnesium Zinc Softgels are formulated with a combination of calcium, magnesium, zinc, and vitamin D<sub>3</sub> (cholecalciferol) from lanolin for strong, healthy bones.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

Made in USA from domestic and imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



# Calcium Magnesium Zinc

Bone Health ♦



Dietary Supplement **60 Softgels**

**Directions:** As a dietary supplement, take three softgels once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 3 Softgels  
Servings Per Container 20

Amount Per Serving		% Daily Value
Vitamin D (as cholecalciferol)	10 mcg (400 IU)	50%
Calcium (as calcium carbonate)	1000 mg	77%
Magnesium (as magnesium oxide)	500 mg	119%
Zinc (as zinc picolinate)	15 mg	136%

Other ingredients: Soybean oil, gelatin (bovine), glycerin, purified water, lecithin, silicon dioxide.

**Contains: Soybeans**

Manufactured for  
Bluebonnet Nutrition Corporation  
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