

**Bluebonnet's Buffered Chelated Magnesium Vegetable Capsules** are formulated with chelated magnesium bisglycinate buffered with magnesium oxide to increase the pH (alkalinity), making it more gentle on the digestive tract. ♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**

# Buffered Chelated Magnesium

Relaxation, Immune & Heart Health ♦



Dietary Supplement **120** Vegetable Capsules

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 120

Amount Per Serving		% Daily Value
Magnesium	200 mg	48%
(as magnesium bisglycinate chelate, magnesium oxide)		

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose.

Manufactured by  
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