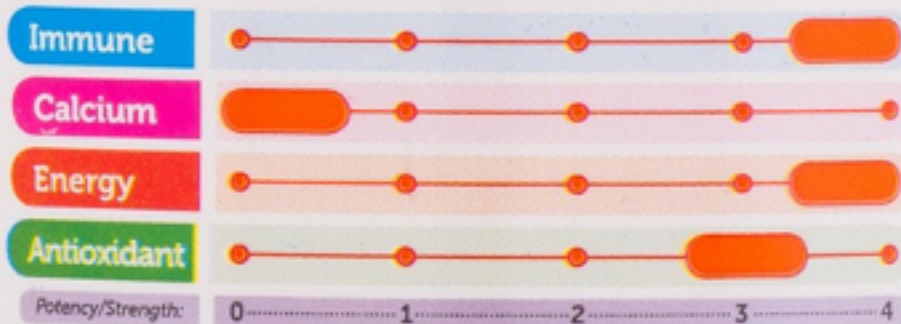


Fights & Prevents:

- Fatigue • Stress • Acne • Hair Loss • Gum Disease
- Mood Imbalances • Depression • Nervous System Disorders

B Complex™ Vital Nutrition Chart:



You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you, or call us toll free at 877-ASK-ZAHLER (877-275-9245).

KOSHER
PAREVE



UNDER STRICT
SUPERVISION OF
RABBI SH. STERN



Distributed By:
Advanced Nutrition by Zahler
Brooklyn, NY 11219 - www.zahlers.com

advanced
nutrition by

ZAHLER®

B Complex

Sustained Release B Complex

Potent B-Complex Formula



GENERAL
HEALTH



DIETARY
SUPPLEMENT
90 CAPSULES

Feel Better,
Everyday™

Supplement Facts

Serving Size: 1
Servings Per Container: 90

Amount Per Serving	%DV
Vitamin B1 (as thiamine HCl)	100 mg 6667%
Vitamin B2 (as riboflavin)	100 mg 5882%
Vitamin B3 (as niacinamide)	100 mg 500%
Vitamin B6 (as pyridoxine HCl)	100 mg 5000%
Folate (as folic acid)	100 mcg 25%
Vitamin B12 (as methylcobalamin)	100 mcg 1667%
Biotin	100 mcg 33%
Pantothenic Acid (as calcium pantothenate)	100 mg 1000%
Inositol	100 mg **
Choline	42 mg **
PABA (as para-aminobenzoic acid)	30 mg **

**% Daily value is based on a 2,000 calorie diet.

** Daily Value not established

Other Ingredients:

Magnesium Stearate and Rice Flour.



KEEP OUT OF REACH OF CHILDREN.
STORE TIGHTLY IN A COOL, DRY PLACE.

THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO
DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.

Potent B-Complex Formula

Zahler's B-Complex Formula
contains all 8 B vitamins plus
important related nutrients.

The B Complex vitamins are
essential to almost every
aspect of body function,
including metabolism of
carbohydrates, amino acids,
fats and energy production.
The mouth, eyes, skin, hair,
muscles, liver, nervous
system – all of these are
impacted by the B vitamins.

Because most B vitamins are
water soluble, which means
a continuously replenishing
supply is required, the Zahler®
sustained release formula
assures that the nutrients
stay in the system longer.